

Specialty Courses



FIP-4729 PEER SUPPORT: TAKING CARE OF OUR OWN (8 hrs.) SECTION #74288

This is a specialty course aimed at equipping firefighters with the skills and knowledge to provide confidential support to colleagues facing personal or work-related challenges. This class will focus on building trust, active listening, and crisis intervention techniques. Participants learn how to identify potential behavioral health issues, connect colleagues with resources, and foster a culture of support within the fire service.

Date: Friday, October 10 1800-1700 hrs.

Instructor; Holly Johnson; Firefighter; Charlotte Fire Dept; NC Peer Support Specialist

FIP-4729 “WHEN DID I BECOME THE OLD GUY?” (8 hrs.) SECTION #74289

This interactive class invites students to take a closer look at the importance of being the senior firefighter. Through lecture and conversation, we will dig deeper into understanding the generational gap that exists between the next generation of firefighters, and those who are more seasoned in our craft. This course is designed to be a call to action for senior firefighters and officers who have become complacent in their approach to reaching their young firefighters and provides encouragement to those who are dedicated to one of the most important roles within the fire service. Remember, the best thing an old firefighter can teach a young firefighter is how to become an old firefighter.

Date:. Saturday, October 11 0800-1700 hrs.

Instructor; Philip Clark; City of Lenoir Fire Dept.